

Non-maleficence

Avoiding harm to others. Practitioners must avoid actions that could cause physical, emotional, or psychological harm.

Beneficence

Acting in the best interests of clients to promote their well-being and positive outcomes.

Competence

Practise within the scope of one's knowledge, training, and abilities.

Maintaining the necessary skills, knowledge, and professional standards to practise effectively and ethically.

Informed Consent

Ensuring clients understand and agree to the processes, risks, and implications of the services provided, based on clear and transparent communication.